**The Meadows Sixth Form Long Term Plan 22-25**

**SIXTH FORM LONG TERM PLAN OVERVIEW –SEMI FORMAL - FORMAL**

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|  | **My Thinking** | **My Communication** | **My Body** | **My Independence** | **MY Lifestyle** | |
| Everyday Lifeskills inc. Travel Training Embedded across Curriculum to develop Independence. | | | | | | |
| **Year 1 2024 – 2025**  **Autumn 24** | **LSC-** Money Management  DoE skills links - coins  DoE volunteering link – working in charity shop/school shop | **LSC-** Communicating and Using Information    DoE skills links – Journalism  DoE volunteering link – Help others read | **LSC –**  Ball Games / Introduction to sport  DoE physical links – learn a new sport | **LSC –** Planning and Running and enterprise  DoE volunteering link – Fundraising  DoE skills links – Money management | **F Autumn 1 -**(MTP) Assertiveness and Gang exploitation  **SF**- Healthy/ Unhealthy Relationships  **DoE volunteering links – Helping others**  **F Autumn 2** **-**(MTP) Career options  **SF**- Setting goals  **DoE** **skills links** – skills for employment | |
| **Spring 25** | **LSC-** Functional Skills – Going places  DoE skills links – Navigation  DoE volunteering link – Road safety | **LSC-** Functional Literacy skills **Self and others**  DoE skills links – Library/information skills | **LSC – Hobbies and activities**  DoE physical links – Bikes, Paddling, Yoga | **LSC-** Co-operating with others  DoE volunteering link – Helping others  DoE skills links – Event planning | **Spring 1** Relationships changes and Respectful Relationships  **DoE** **skills links –** Life skills  **Spring 2** Healthy Lifestyle  **DoE physical links** – learn a new sport, cycling, yoga, paddling | |
| **Summer 25** | **LSC-** Gardening activities  DoE skills links – Gardening  DoE volunteering link – Helping others | **LSC-** Group Nature Project  DoE skills links – Vlogging  DoE volunteering link – Rural conservation | **LSC-** Health and Hygiene  DoE skills links – First aid | **LSC-** Work Experience  DoE skills links – skills for employment | **Summer 1 F.** (MTP)Intimate Relationships  SF- Relationships and consequences  **Summer 2** (MTP)Online presence – Employability  **SF**- Rights and Responsibility  **DoE skills links** – skills for employment | |
| **Accreditation across the year (PSD ONLY)** | **PSD**- Managing Own Money |  | **PSD-** Making the most of Leisure | **PSD -** Safety in the home and Community |  |  |

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| **Year 2 2022-2023**  **Autumn 2022** | **LSC-** Using Money  DoE skills links - coins | **LSC-** Communicating in a group  DoE skills links – public speaking  **Optional**  LSC- Using Technology  for Leisure  (LSC) using technology in the home and the community to support independence | **LSC-** Participating in different leisure activities  DoE physical links – Bikes, Paddling, Yoga | **LSC-** Mini Enterprise units    DoE volunteering link – Fundraising  DoE skills links – Money management | **Autumn 1**  LSC Mental Health and MTP  **Autumn 2**  Financial choices | |
| **Spring 2023** | **LSC-** Science Investigation  DoE skills links – Chemistry, Physics, Biology  DoE volunteering link – Environment | **LSC-** Developing communication Skills  DoE skills links – debate | **LSC-** Taking Sport in the Community  DoE physical links – Malthouse, Portway | **LSC-** Going shopping | **Spring 1**  LSC- My Family and Friends, (Relationships)  DoE volunteering link – helping older people  **Spring 2**  Exploring Influence (MTP) | |
| **Summer 2023** | **LSC-** Organisation on Time  DoE skills links – Life skills | **LSC-** Functional Skills Public Transport and Leisure facilities  DoE volunteering links – Road safety | **LSC –** Yoga and Therapy  DoE physical links –, Yoga | **MTP**- Understanding Work  DoE skills links – skills for employment | **Summer 1**  Dealing with emergency situations  **Summer 2**  Parenting and adult relationships  DoE volunteering link – helping children | |
| **Accreditation across the year (PSD ONLY)** | PSD- Environmental Awareness  Entry 1 – 3  DoE volunteering link – nature walk |  | PSD - Healthy Living  Entry 1-3 | **PSD- UTE-** Using technology in the home and community  **Entry 1-3** |  |  |

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| **Year 3 2023-2024**  **Autumn 23** | **LSC-** Cooking for Myself  DoE skills links – cookery | **LSC-** PSHE Through Literature  DoE skills links – library and information skills | **LSC** Health and Fitness and Sport Activities  DoE physical links – learn a new sport | **LSC-WTE1-E1** Follow Workplace instruction  **E2-E3 PSD-** Working together in group  **/Maintaining work Standards** | **Autumn 1**  Future opportunities  **DoE** **skills links** – skills for employment  **Autumn 2**  Application , employment and career progression  **DoE** **skills links –** skills for employment. |
| **Spring 24** | **LSC-** DFS Shopping  DoE skills links – money, coins | **LSC-** WTE1 Group activity / Listening and Responding  DoE skills links – debate | **LSC –** Using a Community Fitness Trail  DoE physical links Malthouse – canoeing, bikes and trikes | **LSC-** Doing own Laundry  DoE skills links – life skills | **Spring 1**  Assertive communication (Inc Relationships)  **Spring 2**  LSC- Safety in independent context  **DoE** **skills links – learn about emergency services.**  DoE volunteering links – personal safety. |
| **Summer 24** | **LSC**- DFS Horticulture  DoE volunteering links – environment, farm walk | **LSC –**Personal Planning - Target Setting | **LSC**- Join a Breakfast Club | **LSC-** Work Experience  DoE volunteering links – working in charity shop, help others, littler picking | **Summer 1**  Changing relationships inc. pregnancy  **Summer 2**  Readiness for work |
| **Accreditation across the year (PSD ONLY)** |  | PSD- Developing Self  E2,E3 | PSD- Community Action (Raising money)  E1,E2,E3 | **PSD-** Preparation for work  E1,E2,E3 |  |